



The Carriage Barn Equestrian Center

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Boarding Facility • Trails • Indoor Arena

For Immediate Release

Therapeutic Riding Program Accepting Applications

Newton, NH -- The Carriage Barn Equestrian Center is now accepting applications for its Summer and Fall Therapeutic Riding and Hippotherapy Programs.

The Carriage Barn programs seek to enhance physical, psychological, cognitive and emotional healing and strengthening through equine activities. Horses can provide opportunities for a unique relationship that nurture and empower their human partners in a way that brings new insights, self-confidence, improved communication and relaxation.

Therapeutic Riding utilizes the movement of the horse and specialized activities to maximize the therapeutic benefits to a rider. It is often recommended by physicians, physical, occupational and speech therapists to improve flexibility, balance, muscle strength, coordination, posture, and to stimulate the central nervous system. Other benefits include improved memory, sequencing, attention span, self-awareness, increased self-esteem and self-confidence.

The Carriage Barn is a North American Riding for the Handicapped (NARHA) operating center member. Our instructors are experienced equestrians specially trained and certified through NARHA. The programs serve Rockingham County and the greater Merrimac Valley. Just ten minutes from I-495 or I-95, it is an easy drive to a wonderful retreat surrounded by knowledgeable and supportive staff and volunteers.

The Carriage Barn Therapy Program is a 501(c)3 Not for Profit Organization. For more information about our Programs, contact The Carriage Barn at 603-378-0140, email carriage-barn@comcast.net, or check our website at www.carriage-barn.com.